

August 2, 2005



Sound Bites

The newsletter with a vision of regional food sustainability

Volume 4, Issue 1

SSFPA Board of Directors 2005



Nelson Barsi
The Barsi Group
Co-Chair SSFPA



Herb Theissen General Manager
Community Futures Development
Corporation of South Fraser



Kim Stansfield
Valentine Farms
Director SSFPA



Godfrey Ferguson
Warmland Gourmet
Co-Chair SSFPA



John Plough
Glen Valley Artichokes
Treasurer SSFPA



Pat Reichert
Salt Spring Flour Mill
Corporate Secretary SSFPA



Don Wilde
Chase Wilde Enterprises
Director SSFPA

No Photo
Available at
Time of
Publication

Kika Joy
Organized Organics
Director SSFPA

No Photo
Available at
Time of
Publication

Terry Ackerman
Chief Operating Officer
Organic Meadow Inc
Director SSFPA

**Welcome
And thank you for your
Service to Small Scale Food
Processor Association
Members**

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Nelson Barsi Co-Chair SSFPA

Nelson Barsi and the Barsi Group are members of the SSFPA and Nelson is currently serving as a Director of the Small Scale Food Processor Association. Mr. Barsi is currently a partner in The Barsi Group located in Nanaimo, B.C. The Barsi Group is a Food Distributor, Broker and Processor involved with Quality Gourmet Foods to the retail and food services trade. This group has been active since 1996, established in Saskatchewan and continuing in BC. Previously, Mr. Barsi was employed by the Government of Saskatchewan since 1979. He was actively involved with domestic and export market development and financial program management in several sectors, including the food and beverage sector. He has extensive experience in serving on boards, committees, and teams both in the public and private domains. He was actively involved in the formation of the Saskatchewan Food Processors Association and planning activities for the membership. Nelson sits on the Food and Beverage Processing Initiative Adjudication Committee and is SSFPA's representative on the BC Food Processor Association Board.

Pat Reichert Corporate Secretary SSFPA

I am the owner/operator of Salt Spring Flour Mill, an artisan mill, specializing in high quality certified organic, stone milled flours and associated products. Since starting the business six years ago, I've had a keen interest in doing whatever I can to revive the tradition of community-based food production. There was a time (remember the 1980s?) when a person would have been hard pressed to find others of like mind in such a venture. Oddly enough, though, today there is a groundswell of individuals and businesses that are committed to local food systems. I became a member of the Small Scale Food Processor Association at its inception because I believe it is well-positioned to play a significant role in this growing movement.

This is my third year on the board of the Small Scale Processor Association and I have served as Corporate Secretary through that time. I also represent the SSFPA on the Capital Region Food and Agriculture Initiative Roundtable, a group that works on food policy issues from a broad consumer, producer, processor perspective. I have a couple of decades experience doing social policy work and community economic and social development, working all across Canada including the north. Recently I was involved in establishing a retail food co-op on Salt Spring Island where I've lived for the past ten years. And, sadly, I was on the board when we had to close its doors due to financial problems. While this experience was very difficult, it also gave me invaluable insight into the practicalities of operating a cooperative and the importance of building the business on a sound foundation. I appreciate that I have been able to bring some of this insight to the development of SSFPA's Local Flavours Products and Services Co-operative. I'm an active member of Island Natural Growers on Salt Spring and right now we're working on a study of produce production on the island. And just for fun: I am a member of the Salt Spring Weavers Guild; I read a lot; I hike a lot; and I play with my adorable nine-month old grandbaby every chance I get.

Kika Joy - Director SSFPA

Biologique extraordinaire! Where nature and art meet, creativity and innovation have governed most aspects of this long self-employed British Columbian. From an auspicious childhood of scrambling the countryside with an artist father and adventurous mother, living the 70's 'off the land' on Vancouver Island, into business years in graphic arts and later as professional whole food chef and kitchen manager in locations across Canada. Over the years, Kika has worked to develop and is sole proprietor of, "Organized Organics", specializing in certified organic food processing, currently producing varieties of "live-enzyme, unpasteurized, "WeightStone Sauerkraut", committed to BC organic produce only. Kika Joy is a graduate of Canadian School of Natural Nutrition, (RHN), and also currently works as Manager/Administrator of this holistic program in Vancouver, BC. Kika divides her week between Hope, BC and Vancouver and welcomes inquiries at: organizedorganics@telus.net or van@csnn.ca

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John Plough Treasurer SSFPA

John Plough is co-owner of Glen Valley Artichoke Farms located near Abbotsford, BC. He grows, artichokes, soybeans, squash, hot peppers, kale and egg plant. The farm also processes artichoke, dried and powdered chilies, sour head cabbage and salsa. John has an agricultural, construction and accounting background.

Godfrey Ferguson Co-Chair SSFPA

He is a founding member and director of the SSFPA. He represented SSFPA with BC Investment Agriculture Foundation (IAF) for approximately two years. Mr Ferguson spent many years as an educator in the Cowichan Region of BC. He makes exciting hot sauces and was involved as a small-scale food processor with Warmland Gourmet. In the early sixties he bought a 40 acre farm where he grew organic beef. He called the farm 'FERGUSON'S FARM'. In later years he grew organic gardens and organic emu. Godfrey is currently designing and building a very innovative concept of an all stainless steel modular kitchen facility to answer some of the needs of value-added food processing in the Cowichan Valley. This technology could be a model for other agricultural areas of the Province.

Herb Theissen Director SSFPA

General Manager Community Futures Development Corporation of South Fraser (Abbotsford/Chilliwack). Has over 30 years of direct experience in working with all types of small business owner/managers throughout BC in the capacities of: consultant, counselor, management skill developer (seminars/workshops) commercial lender and entrepreneur.

Don Wilde Director SSFPA

B.S.C. Food Science, MSC Agricultural Economics, BACKGROUND: - Former (Future?) small scale food processor, Carpenter, Consultant (Domestic and International), Farmer, Past Treasurer - SSFPA

FUTURE ASPIRATIONS: - Retire? Without a mortgage, - Participate in the development and success of 'Local Flavours Products and Services Cooperative', Continue with consulting work - Resume the profession of small scale food processing.

Kim Stansfield Director SSFPA

Together with my husband, John, we operate a 10 acre certified organic farm in the Okanagan. I have always gardened, preserved and cooked in the old ways. Farming has allowed me to pursue my interest in "lost arts" – vinegar making, jelly making, simple cheese making, bread making, smoking and pickling. The summer of 2004 saw me build a two chamber wood fired adobe oven. I have been accused of being my own grandmother!

I divide my time between running the farm and running my small company specializing in the making of certified organic wine vinegars and jellies. Previously, I have been involved with many and varied boards from the Board of BC Athletics, Community Planning and Community Development Boards.

Terry Ackerman Director SSFPA

Born and raised on Vancouver Island (Victoria), Terry Ackerman is a graduate of the University of Victoria. Experience and training in marketing, sales, manufacturing, distribution, finance, and research and development was acquired in both Canada and the U.S. with multinational corporations such as Levi Stauss International, DT International, Converse International, and Saputo Incorporated. Responsibilities have included distributor operations in 22 countries, international product licensing, multi-national product manufacturing and procurement, multi-national advertising and marketing programs and multi-national product launches. Terry Ackerman is the Chief Operating Officer of Organic Meadow Inc. and lives in Guelph, Ontario, Canada.

On behalf of the SSFPA we wish to express a heartfelt thanks to the past directors of the SSFPA for their Dedication and Commitment.

Thank-you past Co-chair Pattie Whitehouse, Director Ken Stefanson, Director Gail Briggs, Director Lori Ackerman and Director Philip Watney.

We wish you well and appreciate your ongoing commitment to the Small Scale Food Processor Association